



## Subject Area: Personal development – KS5

The Careers Education, Information & Guidance Curriculum is a highly bespoke and carefully evaluated programme, which covers all aspects of our student's education, some of which fall outside taught subject areas. Students take part in weekly tutor-based lessons designed to fully meet their personal development needs.

**'Students are taught in carefully established tutor groups to nurture positive relationships rooted in mutual respect. Over time, students are given the skills and confidence to actively participate in lessons that explore a wide range of diverse topic areas. Students explore attitudes, values and beliefs in order to become happy, responsible, successful citizens who are fully prepared for the challenges that life, work, relationships and health may present'**

Curriculum Overviews	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Year 12</b>	Teambuilding Transition from GCSE Sexual Harassment NCS Introduction to University	Prevent Middle East Presentation Diversity & Equality Learn to Live STEP	STEP Choosing a HE Course Student Life RAF Preparing for mock exams	Labour Market information STEP Introduction to Apprenticeships Work Experience Army presentation	Alcohol and drug education Sexual Health & Consent Revision Summer exams	Personal Finance Student Finance Preparing a CV UCAS registration and personal statements Sports day
<b>Year 13</b>	Teambuilding Preparation for mock exams Sexual Harassment Personal Statement and UCAS applications Preparing for Employment & Apprenticeships	Prevent Personal Statement and UCAS applications Preparing for Employment & Apprenticeships	Sexual Health and Healthy relationships Diversity & Equality Bullying, abuse and discrimination Mock exams	Personal Finance Employment rights Enrichment week Time management organisation and revision	Revision Preparing for exams Summer examinations	

Highlighted text indicates lessons which focus on careers-based sessions.

### Useful Websites:

Relationships & Sex Education including online safety	Mental Health & Wellbeing	Life Skills
<a href="https://www.brook.org.uk/">https://www.brook.org.uk/</a> <a href="https://mediasmart.uk.com/parents/">https://mediasmart.uk.com/parents/</a> <a href="https://nationalonlinesafety.com/">https://nationalonlinesafety.com/</a> <a href="http://www.thinkuknow.co.uk">www.thinkuknow.co.uk</a> <a href="https://www.talktofrank.com/">https://www.talktofrank.com/</a> <a href="https://www.childline.org.uk/">https://www.childline.org.uk/</a> <a href="https://www.nspcc.org.uk/">https://www.nspcc.org.uk/</a>	<a href="https://www.nhs.uk/every-mind-matters/">https://www.nhs.uk/every-mind-matters/</a> <a href="https://www.youngminds.org.uk/parent/">https://www.youngminds.org.uk/parent/</a> <a href="https://www.childnet.com/parents-and-carers">https://www.childnet.com/parents-and-carers</a> <a href="https://www.nspcc.org.uk/">https://www.nspcc.org.uk/</a> <a href="http://www.mind.org.uk">www.mind.org.uk</a> <a href="http://www.mentalhealth.org.uk">www.mentalhealth.org.uk</a> <a href="http://www.childline.org.uk">www.childline.org.uk</a>	<a href="https://barclayslifeskills.com/families/">https://barclayslifeskills.com/families/</a> <a href="http://www.moneyhelper.org.uk">www.moneyhelper.org.uk</a> <a href="http://www.redcross.org.uk">www.redcross.org.uk</a> <a href="http://www.sja.org.uk">www.sja.org.uk</a>