



Subject Area: Personal development

The Careers Education, Information & Guidance Curriculum is a highly bespoke and carefully evaluated programme, which covers all aspects of our student's education, some of which fall outside taught subject areas. Students take part in weekly tutor-based lessons designed to fully meet their personal development needs.

'Students are taught in carefully established tutor groups to nurture positive relationships rooted in mutual respect. Over time, students are given the skills and confidence to actively participate in lessons that explore a wide range of diverse topic areas. Students explore attitudes, values and beliefs in order to become happy, responsible, successful citizens who are fully prepared for the challenges that life, work, relationships and health may present'

Curriculum Overviews	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 10	Healthy Relationships Consent Harassment and victim blaming Careers -work experience planning	Money Matters Careers – work experience planning Budgeting Gambling	Mental health Adolescent challenges Stigma and misinformation	The world of work Responsibilities in the workplace Health and safety Work experience	The Law, rights and responsibilities Prejudice, discrimination and legislation Extremism and intolerance Respect	Substance use and misuse Summer Safety
Year 11	Healthy Relationships Sex and contraception Revision strategies and techniques	Post 16 progression routes Applications for Post 16 destinations Mock exams	Healthy self-concept Cosmetic surgery Lifestyle choices Risk and personal safety	Preparing for Adulthood Relationships Pregnancy and parenthood Democracy in the UK and beyond	Personalised revision	

Highlighted text indicates lessons which focus on careers-based sessions.

Useful Websites:

Relationships & Sex Education including online safety	Mental Health & Wellbeing	Life Skills
https://www.brook.org.uk/ https://mediasmart.uk.com/parents/ https://nationalonlinesafety.com/ www.thinkuknow.co.uk https://www.talktofrank.com/ https://www.childline.org.uk/ https://www.nspcc.org.uk/	https://www.nhs.uk/every-mind-matters/ https://www.youngminds.org.uk/parent/ https://www.childnet.com/parents-and-carers https://www.nspcc.org.uk/ www.mind.org.uk www.mentalhealth.org.uk www.childline.org.uk	https://barclayslifeskills.com/families/ www.moneyhelper.org.uk www.redcross.org.uk www.sja.org.uk