





Menu Trust Menu 2023



Week 2

						
Main course	Meat	Meatballs in Tomato Sauce	Chicken Fajita	Roast Gammon	Beef Burger	Pork Sausages
	Fish	Jacket Potato and Tuna	Jacket Potato and Prawns	Jacket Potato and Tuna	Jacket Potato and Prawns	Fish fingers
	Vegetarian	Quorn Meatballs in Tomato Sauce(V)	Vegetable Fajita(V)	Broccoli and Cheese Pastry(V)	Vegetable Burger (V)	Mozzerella Sticks (V)
	Pasta Bake	Tomato and Basil Pasta	Tomato and Pesto Pasta	Tomato and Basil Pasta	Tomato and Pesto Pasta	Tomato and Basil Pasta
Starchy food	Pasta	Hash Browns	Roast Potatoes	Wedges	Chips	
	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	
Vegetables	Peas	Broccoli	Cabbage	Sweetcorn	Peas	
	Carrots	Cauliflower	Carrots	Peas	Cauliflower	
Salad	Mixed Salad	Mixed Salad	Mixed Salad	Mixed Salad	Mixed Salad	
	Coleslaw	Potato Salad	Coleslaw	Potato Salad	Pasta Salad	
Extra bread	Petit Pain	Petit Pain	Petit Pain	Petit Pain	Petit Pain	
Dessert	Chocolate Cookie	Oaty Flapjack	Carrot Cake	Vanilla Muffin	Chocolate Brownie and Custard	
	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt	Fresh Fruit Salad Pot Fresh Fruit Fruit Yougurt	

Grab & Go (Hot)

Chicken Tikka Salad Wrap Bacon and Sausage in a Hot Crusty Roll	BBQ Chicken Salad Wrap Bacon and Cheese in a Hot Crusty Roll	Hot and Spicy Chicken Salad Wrap Double Bacon in a Hot Crusty Roll	Original Chicken Salad Wrap Bacon and Sausage in a Hot Crusty Roll	BBQ Chicken Salad Wrap Bacon and Cheese in a Hot Crusty Roll
Sub 4 You Cheese and Tomato Pizza Rice Pot Special Filled Jacket Potatoes Pasta to Go Ham and Cheese Panini	Sub 4 You Cheese and Tomato Pizza Chicken Bites and Dip Filled Jacket Potatoes Pasta to Go Ham and Cheese Panini	Sub 4 You Cheese and Tomato Pizza Rice Pot Special Filled Jacket Potatoes Pasta to Go Ham and Cheese Panini	Sub 4 You Cheese and Tomato Pizza Hot Dogs Filled Jacket Potatoes Pasta to Go Ham and Cheese Panini	Sub 4 You Cheese and Tomato Pizza Chicken Bites and Dip Filled Jacket Potatoes Portion of Chips Pasta to Go Ham and Cheese Panini
Grab & Go (Cold)				
Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes	Sandwiches, Rolls, Baguettes, Wraps and Homemade Cakes
Pasta Salads	Pasta Salads	Pasta Salads	Pasta Salads	Pasta Salads
Drinks				
Fruit Juices and Waters Milkshakes Tea, Coffee and Hot Chocolate	Fruit Juices and Waters Milkshakes Tea, Coffee and Hot Chocolate	Fruit Juices and Waters Milkshakes Tea, Coffee and Hot Chocolate	Fruit Juices and Waters Milkshakes Tea, Coffee and Hot Chocolate	Fruit Juices and Waters Milkshakes Tea, Coffee and Hot Chocolate

(N) This dish contains nuts

(V) This dish is suitable for vegetarians